

Allies Security Services – RTO 91298

HLTAID003 – Provide first aid

This course describes the skills and knowledge required to provide a first aid response, life support, management of casualty(s), the incident and other first aiders, until the arrival of medical or other assistance. This course was previously known as Senior First Aid, Workplace Level 2 or Level 2 qualification. This is the advised minimum requirement by Workplace Health & Safety Legislation for the workplace first aider.

The following topics will be covered in the course:

- Basic principles and concepts underlying the practice of first aid
- Procedures for dealing with major and minor injury and illness
- Priorities of management in first aid when dealing with life threatening conditions
- Basic occupational health and safety requirements in the provision of first aid
- Infection control principles and procedures, including use of standard precautions
- Chain of survival
- First Aiders' skills and limitations
- Understanding of the use of an Automated External Defibrillator (AED), including when to use and when not to

First aid management of:

- Abdominal injuries
- Allergic reactions
- Altered or loss of consciousness
- Bleeding
- Burns - thermal, chemical, friction, electrical
- Cardiac arrest
- Casualty with no signs of life
- Chest pain
- Choking/airway obstruction
- Injuries: cold and crush injuries; eye and ear injuries; head, neck and spinal injuries; minor skin injuries; needle stick injuries; soft tissue injuries including sprains, strains, dislocations
- Envenomation - snake, spider, insect and marine bites
- Environmental impact such as hypothermia, hyperthermia, dehydration, heat stroke
- Medical conditions, including cardiac conditions, epilepsy, diabetes, asthma and other respiratory conditions
- Near drowning
- Poisoning and toxic substances (including chemical contamination)
- Respiratory distress
- Seizures
- Shock
- Stroke
- Substance misuse - common drugs and alcohol, including illicit drugs
- Awareness of stress management techniques and available support
- Duty of care
- Need to be culturally aware
- Importance of debriefing
- Confidentiality

All trainees are required to meet Language, Literacy and Numeracy standards.

The trainee is required to complete approximately 10.5 hours of self-study prior to the classroom training. The self-study is based on 40 multiple-choice questions that will assist you in understanding the content of the course and prepare you for the face to face (7.5 hrs) training in the classroom, and will be discussed in the classroom. Please note that course participants who do not have any previous knowledge and skills of first-aid principles or where English is not the first language may require additional self-study time in order to adequately absorb the information. Trainees completing the course as refresher training are not required to complete the self-study.

On successful completion of the course, the participant will receive a statement of attainment which is valid for 3 years. As per the Australian Resuscitation Council guidelines, the CPR component will need to be updated every 12 months.

Fees and Charges:

The course fee is \$99.00 before course commencement or \$109.00 on the day. This also includes all learning and assessment material.

Our Student Handbook details our policies and procedures relating to students, including our refund policy, complaints and appeals procedures, our access and equity policy, issuance of qualifications and statements of attainment, and information regarding our facilities.

CONTACT US if you require any further information, please do not hesitate to contact Allies Security Services on (02) 9557 7466, via email: accounts@alliessecurity.edu.au or visit our Head Office, located at Level 1, 34C Fitzroy Street, Marrickville NSW 2204.