

Allies Security Services – RTO 91298

HLTAID003 Provide first aid

This course describes the skills and knowledge required to provide a first aid response, life support, management of casualty(s), the incident and other first aiders, until the arrival of medical or other assistance. This is the advised minimum requirement by Workplace Health & Safety Legislation for the workplace first aider.

The following topics will be covered in the course:

- Basic principles and concepts underlying the practice of first aid
- Procedures for dealing with major and minor injury and illness
- Priorities of management in first aid when dealing with life threatening conditions
- Basic occupational health and safety requirements in the provision of first aid
- Infection control principles and procedures, including use of standard precautions
- Chain of survival
- First Aiders' skills and limitations
- Understanding of the use of an Automated External Defibrillator (AED), including when to use and when not to

First aid management of:

- Abdominal injuries
- Allergic reactions
- Altered or loss of consciousness
- Bleeding
- Burns - thermal, chemical, friction, electrical
- Cardiac arrest
- Casualty with no signs of life
- Chest pain
- Choking/airway obstruction
- Injuries: cold and crush injuries; eye and ear injuries; head, neck and spinal injuries; minor skin injuries; needle stick injuries; soft tissue injuries including sprains, strains, dislocations
- Envenomation - snake, spider, insect and marine bites
- Environmental impact such as hypothermia, hyperthermia, dehydration, heat stroke
- Medical conditions, including cardiac conditions, epilepsy, diabetes, asthma and other respiratory conditions
- Near drowning
- Poisoning and toxic substances (including chemical contamination)
- Respiratory distress
- Seizures
- Shock
- Stroke
- Substance misuse - common drugs and alcohol, including illicit drugs
- Awareness of stress management techniques and available support
- Duty of care
- Need to be culturally aware
- Importance of debriefing
- Confidentiality

All trainees are required to meet Language, Literacy and Numeracy standards prior to the course commencement. If you are not sure about your language, literacy and numeracy skills, please contact us prior to the course commencement.

The trainee is required to complete 11 hours of self-study prior to the classroom training. The self-study is based on 40 multiple-choice questions that will assist you in understanding the content of the course and prepare you for the face to face (7.5 hrs) training in the classroom, and will be discussed in the classroom. Please note that course participants who do not have any previous knowledge and skills of first-aid principles or where English is not the first language may require additional self-study time in order to adequately absorb the information. Trainees completing the course as refresher training are not required to complete the self-study.

Please note: you are required to complete CPR on the floor of the classroom on manikins. Please advise us if you require any assistance to perform this activity. It is advisable that you wear comfortable clothing.

On successful completion of the course, the participant will receive a statement of attainment. First aid competency should be renewed every 3 years according to the First Aid in the Workplace Code of Practice, and the CPR component every 12 months.

Fees and Charges:

For course fees, please refer to the special offers tab on our website www.alliessecurity.edu.au

Our Student Handbook details our policies and procedures relating to students, including our refund policy, complaints and appeals procedures, our access and equity policy, issuance of qualifications and statements of attainment, and information regarding our facilities.

CONTACT US if you require any further information, please do not hesitate to contact Allies Security Services on (02) 9557 7466, via email: accounts@alliessecurity.edu.au or visit our Head Office, located at Level 1, 34C Fitzroy Street, Marrickville NSW 2204.